



EVENT SCHEDULE

FRIDAY 22ND MARCH 2024 | NGĀ PUNA WAI – TRACK

Programme of the evenings races. Allow plenty of time to warm up before, and your support is appreciated and needed for others after.

- 5.00pm: Welcome
- 5.15pm : Abbotts Insurance - 800m Open Women Race
- 5.25pm: Stratos Technology Partners - 800m Open Men Race
- 5.30pm: Alex Cowden Plumbing - Mile U12 Open
- 5.40pm: Spagalimis Pizzeria - Mile U16 Open
- 5.55pm: Coach Ange – 5000m Paced 30 min.
SwainWoodham Group - 5000m Paced 25 min.
- 6.30pm: Black & White Coffee Cartel – Paced 20 min.
- 6.55pm: Cyclone Outdoor Power Equipment - Mile - Women Open
- Mile Men B
- 7.10pm: Pacific Radiology - The Milestone Mile
- 7.25pm: Growing Places - Mile Men Open A
- 7.35pm: Harcourts Vision Real Estate – 5000m Men Elite B
- 7.55pm: Bohemian Bakery – 5000m Women Elite
- 8.15pm: Harcourts Vision Real Estate 5000m – Elite Men A